

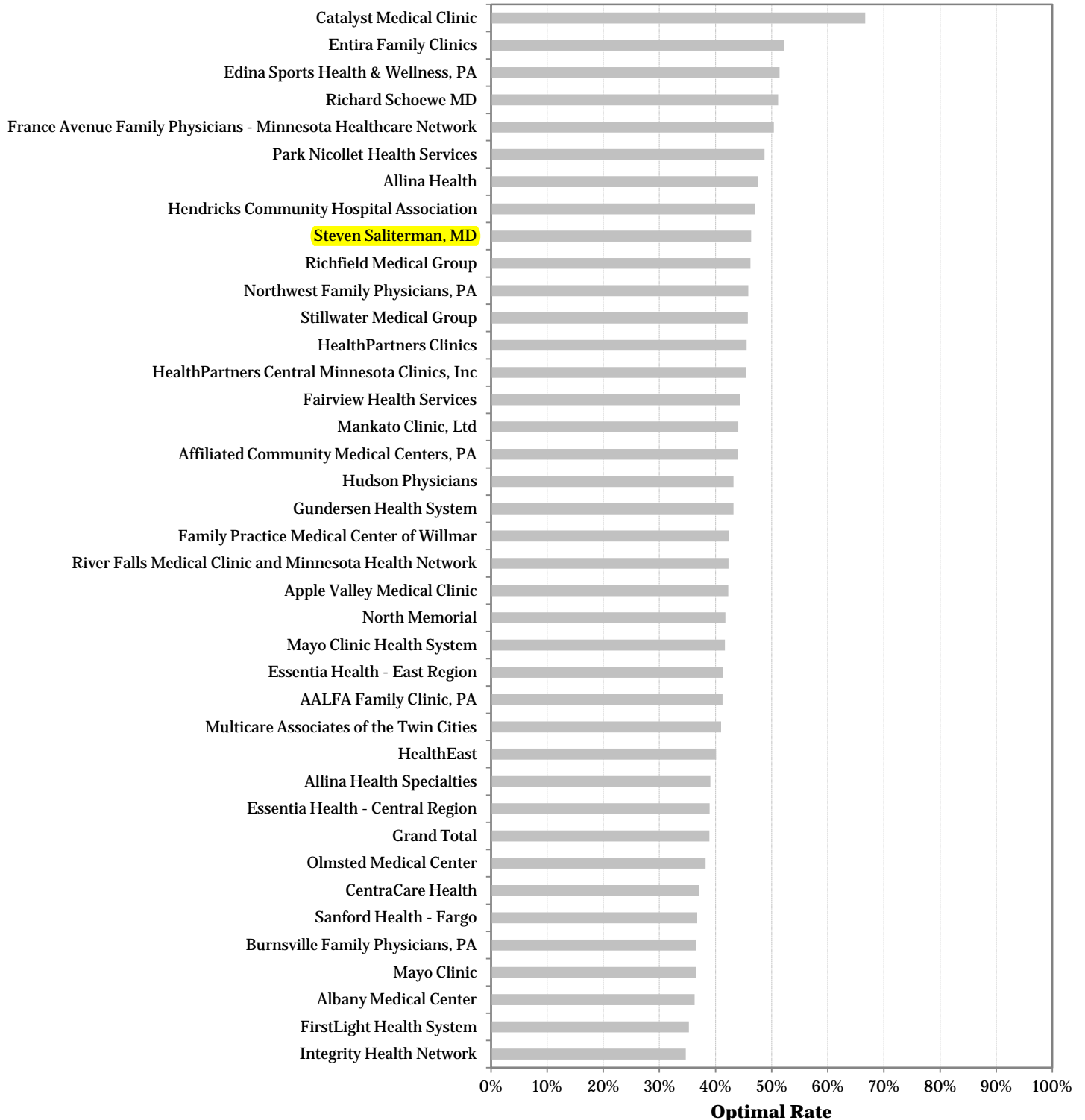
Optimal Diabetes Care - Medical Group

Diabetes occurs when there is too much glucose (sugar) in the blood and not enough in the cells of your body. This can interfere with your body's ability to convert sugar, starches and other food into energy needed for daily life. Measuring high-quality care for diabetes includes tracking:

- If your blood pressure is appropriate (less than 140/90 mmHg)
- If your level of LDL or "bad" cholesterol is appropriate (less than 100mg/dl)
- If your blood sugar (A1c) is appropriate (less than 8 percent)
- That you are not using tobacco
- That you take aspirin daily if appropriate

The bar charts and percentages below tell you how successful Minnesota physicians and other health care providers are in helping patients to better control their diabetes.

Page 1 of a 3 Page Graph



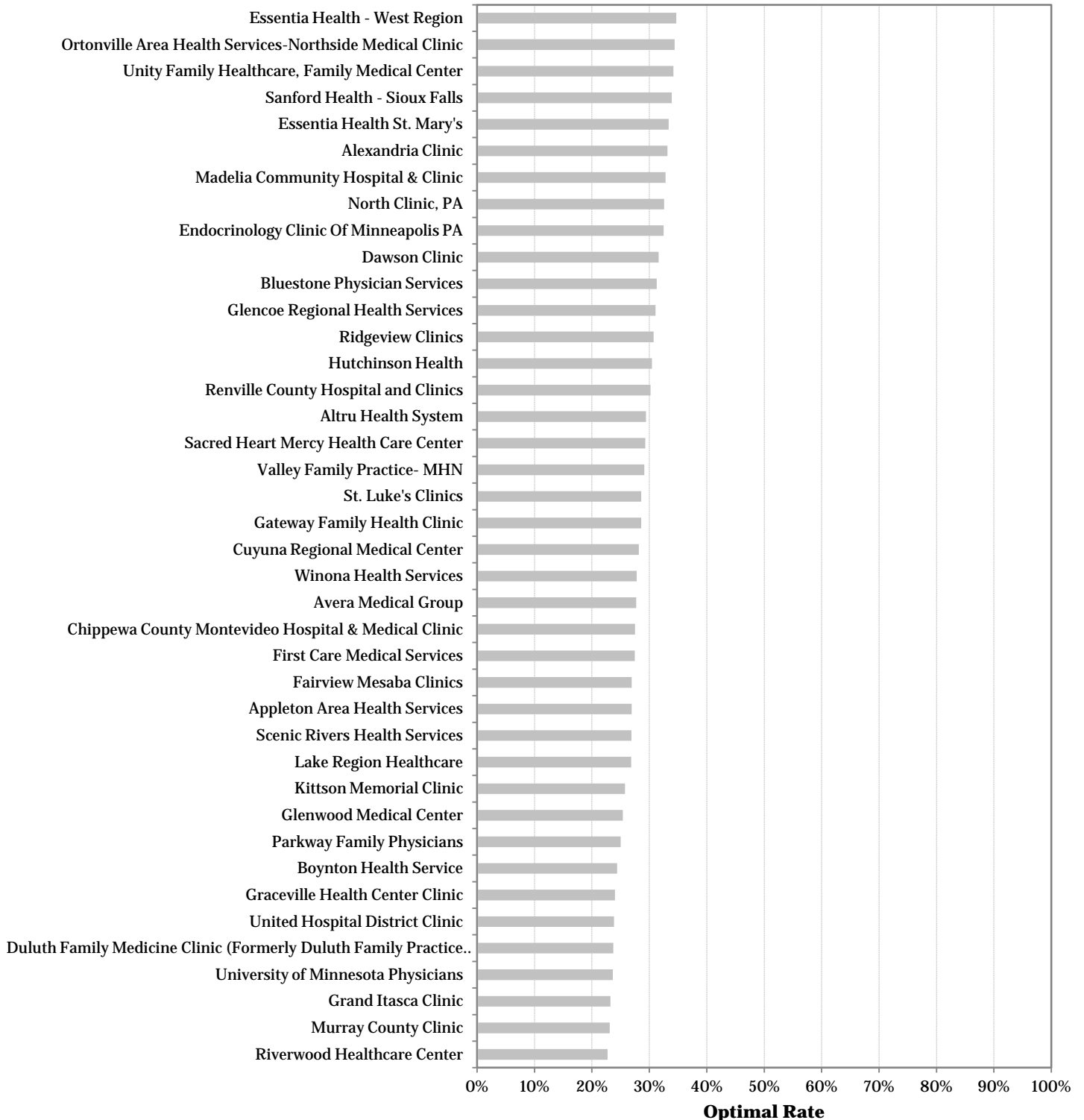
Optimal Diabetes Care - Medical Group

Diabetes occurs when there is too much glucose (sugar) in the blood and not enough in the cells of your body. This can interfere with your body's ability to convert sugar, starches and other food into energy needed for daily life. Measuring high-quality care for diabetes includes tracking:

- If your blood pressure is appropriate (less than 140/90 mmHg)
- If your level of LDL or "bad" cholesterol is appropriate (less than 100mg/dl)
- If your blood sugar (A1c) is appropriate (less than 8 percent)
- That you are not using tobacco
- That you take aspirin daily if appropriate

The bar charts and percentages below tell you how successful Minnesota physicians and other health care providers are in helping patients to better control their diabetes.

Page 2 of a 3 Page Graph



Optimal Diabetes Care - Medical Group

Diabetes occurs when there is too much glucose (sugar) in the blood and not enough in the cells of your body. This can interfere with your body's ability to convert sugar, starches and other food into energy needed for daily life. Measuring high-quality care for diabetes includes tracking:

- If your blood pressure is appropriate (less than 140/90 mmHg)
- If your blood sugar (A1c) is appropriate (less than 8 percent)
- That you take aspirin daily if appropriate
- If your level of LDL or "bad" cholesterol is appropriate (less than 100mg/dl)
- That you are not using tobacco

The bar charts and percentages below tell you how successful Minnesota physicians and other health care providers are in helping patients to better control their diabetes.

Page 3 of a 3 Page Graph

