

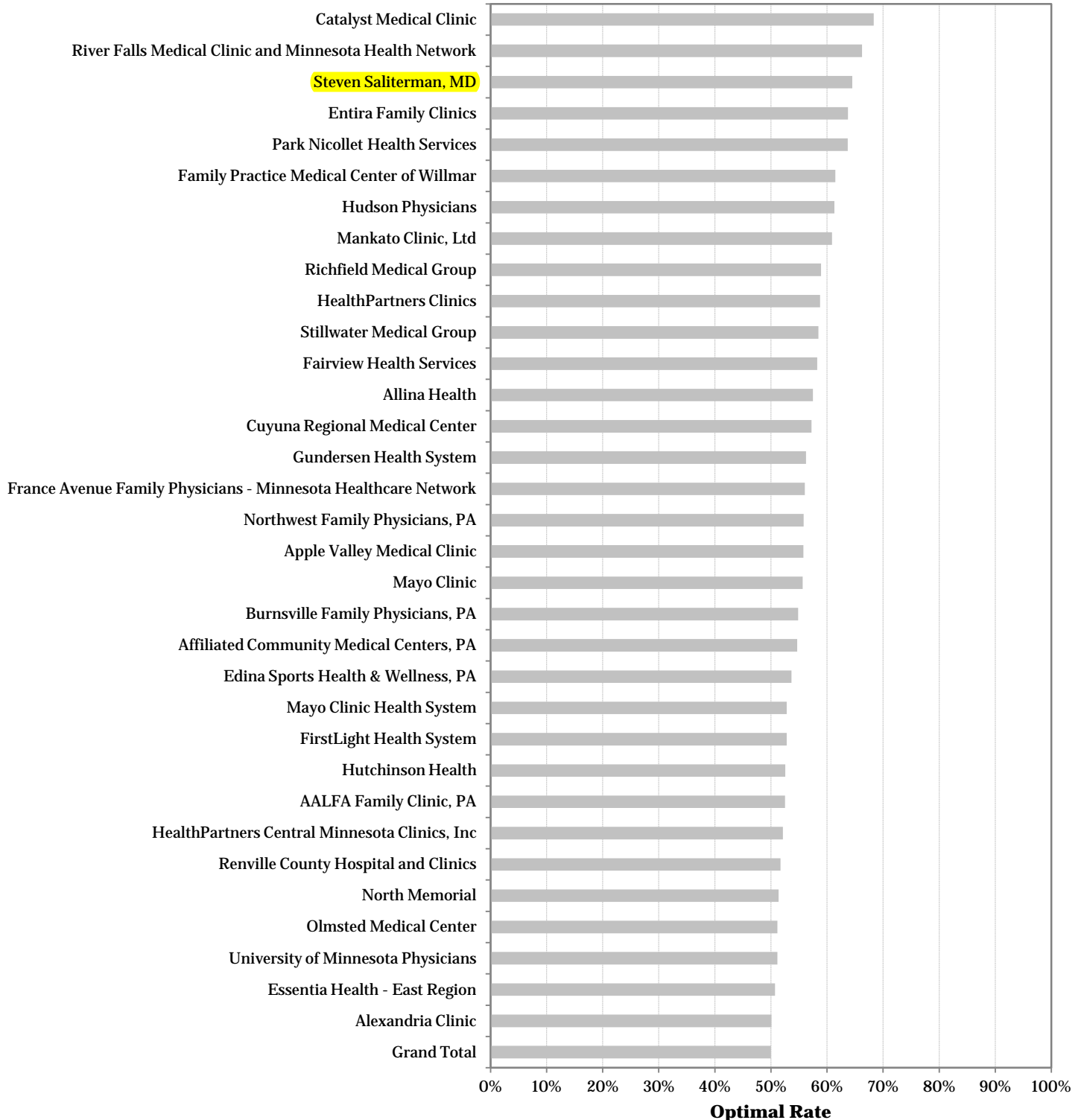
Optimal Vascular Care - Medical Group

Vascular disease is any condition that affects the heart or blood vessels (veins and arteries that transport blood through the body). Vascular disease can lead to hardening or clogging of the arteries, which can limit the heart's ability to supply oxygen and nutrients to your body. High-quality care for vascular disease includes measuring these treatment goals:

- If your blood pressure is appropriate less than 140/90 mmHg)
- If your level of LDL or "bad" cholesterol is appropriate less than 100mg/dl)
- That you are not using tobacco
- That you take an aspirin daily if appropriate

The bar charts and percentages below will tell you how successful Minnesota physicians and other health care providers are in helping patients with vascular disease get all the care they need.

Page 1 of a 3 Page Graph



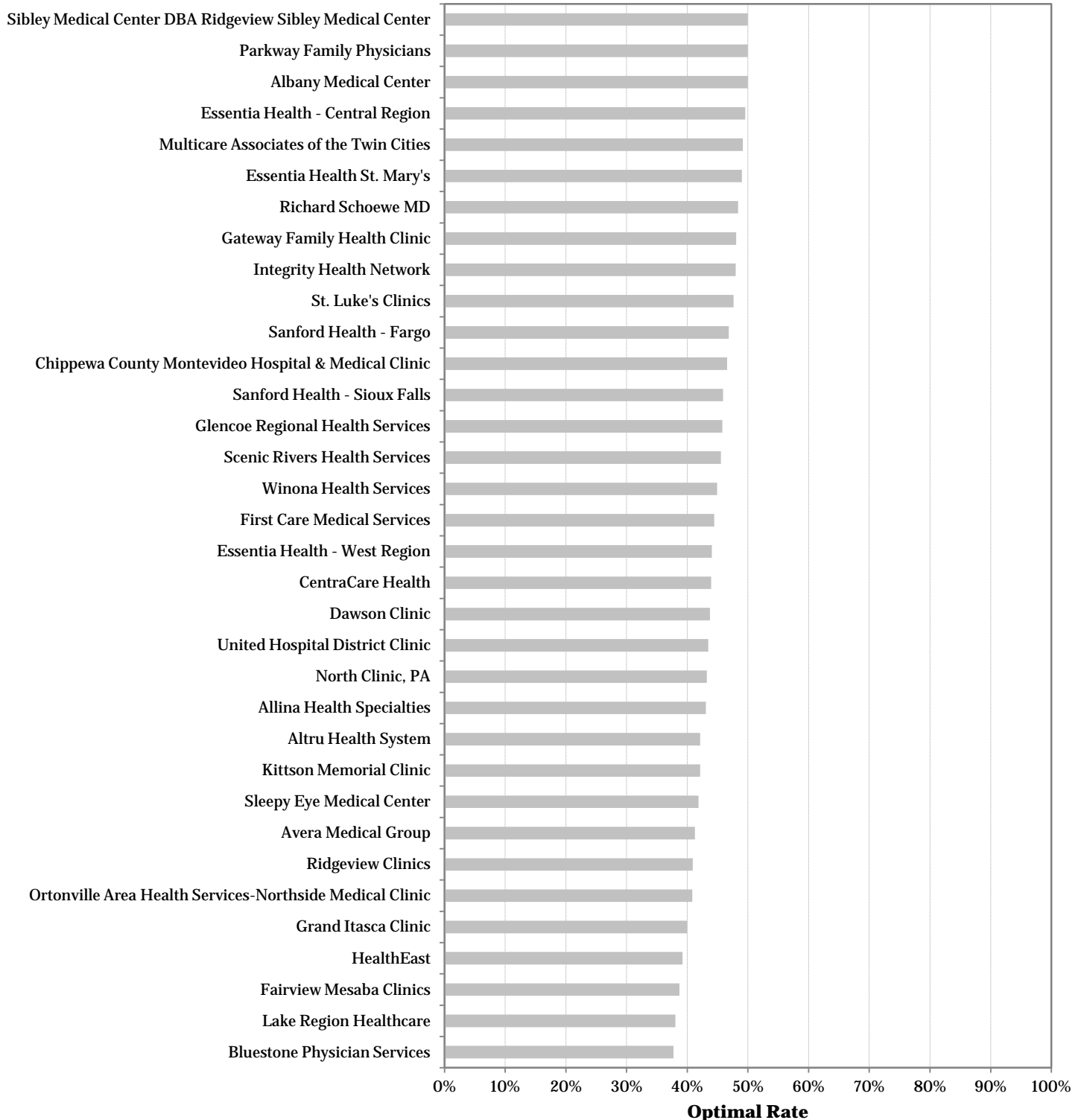
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Page 3 of a 3 Page Graph

